

# Checklist eye test

Name child: \_\_\_\_\_



Date of birth: \_\_\_\_\_

Telephone number: \_\_\_\_\_

## Does your child have good eyesight?

Children rarely know if they have good eyesight. But they do adapt their behaviour to their eyesight.

Do you recognise any of the following signs?

My child ...		
	blinks or squints to look at something.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	sits close to the TV or to a screen.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	pulls items towards himself/herself to look at them.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	cannot see the pictures in a book easily.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	does not always recognise me when I come to pick him/her up from school, daycare or elsewhere.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	regularly complains about headaches.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	often trips over things (not because of clumsiness).	<input type="checkbox"/> Yes <input type="checkbox"/> No
	looks cross-eyed (once in a while).	<input type="checkbox"/> Yes <input type="checkbox"/> No
In our family ...		
	we have sight defects such as glasses of more than +6 or -5, poor eyesight, visual impairment, blindness or squinting.	<input type="checkbox"/> Yes <input type="checkbox"/> No
We would also like to know ...		
	if you wonder whether your child can see properly and if you want to have your child's eyes tested?	<input type="checkbox"/> Yes <input type="checkbox"/> No

**Did you answer 'Yes' to any of the questions? Make an appointment for an eye test. Phone: 088 - 054 99 99**  
Read more on the other side.

# Eye test? Practice using these pictures

## LEA Vision Test System - 3 year olds

As some children are very shy and are unsure of what to say, it is useful to go through the pictures with your child before the test.

### In his/her own words

It does not matter what word your child uses with each picture. 'Circle', 'ring', or another word. Any word is fine as long as your child uses the same word for the same picture. A made-up word is fine too.



## E-hooks – from 3.5 years old

There will be a chart on the wall with the letter E going from big to small. The paediatrician or paediatric nurse will point to an E on the chart. Your child holds an E and points it in the same direction as on the picture. Or points with his/her finger in the direction that the E is open.

